



JANUARY 2019 ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day 9:45AM – Toss & Talk 10:30AM – Exercise 11:00AM – Word Scramble 1:30PM – January in History 2:00PM – Firework Displays Around the World 3:00PM – Honeymooners New Year's Marathon	2 9:45AM – Balloon Swat 10:30AM – Exercise 11:00AM – Call Out the Answer 1:30PM – Snowball Races 3:00PM – Name That Tune	3 9:45AM – Name 10 Things 10:30AM -Exercise 11:00AM – Guess the Logo 1:30PM -Pokeno 1:30PM – You Solve It 2:30PM – Password 3:30PM – Kick it Around	4 9:45AM – Exercise 9:45AM – National Trivia Day 10:30AM – Church Service 11:00AM – Meditation 1:00PM – Bible Study 2:00PM – Crafts with Valerie 3:30PM – Game of Trouble	5 10:30AM – ROSARY 1:30PM - BINGO 3:30PM – TABLE TALK
6 1:30PM – MOVIE 3:0PM – TABLE GAMES	7 9:45AM – Current Events 10:30AM -Exercise 11:00 AM – Crossword Fun 1:30 PM – Pokeno 2:30 PM – Don't Forget the Lyrics 3:00PM – Crafts with Angie 6:00PM – Bridge	8 9:45AM -Toss & Talk 9:45AM- Catholic Mass 10:30AM -Exercise 11:00AM – Elvis Trivia 1:30PM – Balloon Baseball 2:30PM – Elvis Birthday Tribute	9 9:45AM – Memory Game 10:30AM – Exercise 11:00AM – Twenty Questions 1:30PM - Walmart 1:30PM-Word Pictures 2:00 PM – Town Hall Meeting 3:00PM – Resident's Choice	10 9:45AM – Chair Stretches 10:30AM -Exercise 11:00AM – Book Exchange Meeting 1:30PM -Pokeno 1:30PM – 30s Fashion Fads 2:00PM – Live Entertainment with Peter Lieberman	11 9:45AM -Exercise 9:45AM – Table Talk 10:30AM – Church Service 11:00AM – Meditation 11:45AM – Outback Steakhouse 1:30PM – Bible Study 2:30PM – You Be the Judge 3:30PM - Commonynms	12 10:30AM – ROSARY 1:30PM – BINGO 3:30PM – TABLE TALK
13 1:30PM – MOVIE 3:0PM – TABLE GAMES	14 9:45AM-Current Events 10:30AM -Exercise 11:00AM – Times Square Trivia 1:30 PM – Pokeno 1:30PM – Walmart 1:30PM-Spelling Bee 2:30PM – Banker Broker 3:30 PM – Hum Along 6:00PM – Bridge	15 9:45AM – Finish the Phrase 10:30AM -Exercise 11:00AM – Chair Yoga 1:30PM – 4:00PM Crazy Hat Karaoke	16 9:45AM – Name 10 Things 10:30AM – Exercise 11:00AM – Wii Dance 1:30PM – Let's Reminisce 2:00PM – Crafts with Valerie	17 9:45AM – Winter Hangman 10:30AM -Exercise 11:00AM-Tongue Twisters 11:00AM – German Church Service 1:30PM -Pokeno 2:00PM – Horse Racing 3:30PM – Word Board Games	18 9:45AM -Exercise 9:45AM- Twenty Questions 10:30AM – Church Service 11:00AM – Meditation 1:30PM –Bible Study 1:30PM – Noodle Bop 2:30PM – Popcorn Social 3:30PM – Name That Tune	19 10:30AM – ROSARY 1:30PM - BINGO 3:30PM – TABLE TALK
20 1:30PM – MOVIE 3:00PM – TABLE GAMES	21 Martin Luther King Jr. Day 9:45AM – Current Events 10:30AM -Exercise 11:00PM – Charades 1:30PM -Pokeno 1:30 PM – MLK Documentary 3:30PM – Game of Jenga 6:00PM – Bridge	22 9:45AM- Toss & Talk 10:30AM -Exercise 11:00AM – Chair Yoga Video 1:30PM – Live Entertainment with Harry Maitland 3:00PM – Freeze Dance	23 9:45AM- Ball Toss 10:30AM – Exercise 11:00AM – Your Favorite Pie 2:00PM – Andre Rieu Live in Concert	24 9:45AM – January Fun Facts 10:30AM – Exercise 11:00AM – Rattle Your Brain 1:30PM – Pokeno 2:00PM – Movie Matinee & Popcorn	25 9:45AM -Exercise 9:45AM – Table Talk 10:30AM – Church Service 11:00AM – Meditation 11:45AM – Hot Grill 1:30PM –Bible Study 2:30PM – Hot Chocolate Social & Music	26 10:30AM – ROSARY 1:00PM – BINGO 3:30PM – TABLE TALK
27 1:30PM – MOVIE 3:00PM – Table Games	28 9:45AM – Current Events 10:30AM – Exercise 11:00AM – Sing-A- Long 1:30PM – Pokeno 2:00PM – Travel Italy 6:00PM – Bridge	29 9:45AM – Mind Joggers 10:30 AM – Exercise 11:00AM – Football Trivia 1:30 PM – Childhood Memories 2:30PM – Comedy Hour	30 9:30AM- Catholic Mass 9:45AM – Toss & Talk 10:30AM – Exercise 11:00AM – Would You Rather 1:30PM – Resident Council Meeting 3:00PM – Name That Tune	31 9:45AM – Finish the Phrase 10:30AM -Exercise 11:00AM – Tongue Twisters 1:30PM – Pokeno 2:00PM – Afternoon to Inspire Your Heart with Art		** ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE** **Hair Dresser for Men and Women Wednesdays and Thursdays 8:00AM-12:00PM**



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday