



# APRIL 2019 INDEPENDENT LIVING



Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

	<p><b>1</b>  <b>9:00AM – TD Bank</b>            9:00AM – Tai Chi with Angie  <b>10:00AM – North Bergen High School Visit</b>            1:30PM – Pokeno            2:00PM – Outdoor Walking Exercise            3:30PM – Scrabble Teams            6:00PM - Bridge</p>	<p><b>2</b>            10:30AM -Exercise  <b>11:00AM – Culinary Discussion w/ Chef Luis</b>            1:30PM – You Be the Judge            3:00PM – Dance to the Rhythm            3:30PM – Game of Darts</p>	<p><b>3</b>  <b>9:00AM – Shop Rite</b>            9:00AM – Tai Chi with Angie            10:30AM – Exercise            11:00AM – Today’s News Discussion  <b>2:00PM – Town Hall Meeting</b>            3:30PM – Resident’s Choice</p>	<p><b>4</b>            10:30AM -Exercise            11:00 AM – Shut the Box Number Game            1:30PM – Pokeno            2:00PM – Afternoon Coffee Chat            3:30PM – Domino Teams</p>	<p><b>5</b>            9:45AM -Exercise            10:30AM – Church Service            11:00AM – Meditation  <b>11:45AM- Tokyo Hibachi Buffet</b>            1:00PM – Bible Study  <b>2:00PM-Crafts with Valerie</b>            3:00PM – You Be the Judge</p>	<p><b>6</b>            10:30AM – ROSARY            1:30PM –BINGO</p>
<p><b>7</b>            1:30PM – Movie            3:00PM– Table Games</p>	<p><b>8</b>  <b>9:00AM – TD Bank</b>            9:00AM – Tai Chi with Angie            10:30AM -Exercise            11:00AM – Tech Questions            1:30PM – Pokeno            2:00PM – Horse Racing Game            3:00PM –Aromatherapy            6:00PM - Bridge</p>	<p><b>9</b>  <b>9:45AM- Catholic Mass</b>            10:30AM -Exercise            11:00AM – Chair Yoga  <b>2:00PM – Live Entertainment with Harry Maitland</b>            3:30PM – Chat with Harry &amp; Patty</p>	<p><b>10</b>  <b>9:00AM - Shop Rite</b>            9:00AM – Tai Chi with Angie            10:30AM – Exercise            11:00AM – Today’s News Debate            2:00PM – Planet Earth: Great Plains            3:30PM – Wii Sports</p>	<p><b>11</b>  <b>9:00AM – Aldi’s</b>            10:30AM -Exercise            11:00PM – Coffee Chat            12:30PM – Current Events  <b>1:30PM - Walmart</b>            1:30PM – Pokeno            2:00PM – Outdoor Stroll            3:00PM – Mandala Coloring</p>	<p><b>12</b>            9:45AM -Exercise            10:39AM- Church Service            11:00AM – Meditation  <b>1:00PM – Branch Brook Park Cherry Blossoms</b>            1:30PM – Bible Study            3:00PM – Gospel of John Part I</p>	<p><b>13</b>            10:30AM – ROSARY            1:30PM –BINGO</p>
<p><b>14</b> <u>Palm Sunday</u>            1:30PM – Movie            3:00PM– Table Games</p>	<p><b>15</b>  <b>9:00AM-TD Bank</b>            9:00AM – Tai Chi with Angie            10:30AM -Exercise            11:00AM – Tech Questions            1:30PM – Pokeno            2:30PM – Ladies Discussion Group            3:00PM – Watercolor Landscapes            6:00PM - Bridge</p>	<p><b>16</b>  <b>9:30AM – 12:00PM North Bergen Middle School Visits</b>            2:00PM – Rick Steves Holy Land Special            3:30PM – Exercise</p>	<p><b>17</b>  <b>9:00AM – Shop Rite</b>            9:00AM – Tai Chi with Angie            10:30AM – Exercise            11:00AM – Book Exchange Meeting  <b>2:00PM-Crafts with Valerie</b>            3:30PM – Wii Dance</p>	<p><b>18</b>            10:30AM – Exercise            11:00AM – German Church Service            11:00AM –Hand Massages  <b>1:30PM – Trader Joe’s</b>  <b>2:00PM – Live Entertainment with Peter Lieberman</b>            3PM-5PM - Pokeno</p>	<p><b>19</b> <u>Good Friday</u>            9:45AM -Exercise            10:30AM – Church Service            11:00AM – Meditation            1:30PM – Bible Study Gospel of John Part II            3:30PM – Refreshments with Friends</p>	<p><b>20</b> <u>Passover</u>            10:30AM – ROSARY            1:30PM –BINGO</p> 



# APRIL 2019 INDEPENDENT LIVING



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>21 <u>Easter Sunday</u></p> <p>Easter Bunny Visits Residents and Families</p> 	<p>22 <u>Earth Day</u></p> <p>9:00AM – TD Bank</p> <p>9:00AM – Tai Chi with Angie</p> <p>10:30AM – Exercise</p> <p>11:00AM – Tech Questions</p> <p>1:30PM – Pokeno</p> <p>2:00PM – Earth Day Outdoor Stroll</p> <p>6:00PM - Bridge</p>	<p>23</p> <p>9:00AM – Shop Rite</p> <p>10:30AM – Exercise</p> <p>11:00AM – Trivia Teams</p> <p>1:30PM – Shut the Box Number Game</p> <p>2:00PM – 4:00PM Tea/ Coffee Meet and Greet New Residents Social!!</p>	<p>24</p> <p>9:30AM – Catholic Mass</p> <p>9:00AM – Tai Chi with Angie</p> <p>10:30AM – Exercise</p> <p>11:00AM – Coffee Chat</p> <p>2:00PM – Fun with Jen</p> <p>3:00PM – Banker Broker</p>	<p>25</p> <p>9:00AM- Aldi's</p> <p>10:30AM – Exercise</p> <p>11:00AM – Chair Yoga</p> <p>1:30PM – Pokeno</p> <p>1:30PM – 4:00PM IL vs. RES Jeopardy Challenge</p>	<p>26</p> <p>9:45AM – Exercise</p> <p>10:30AM – Church Service</p> <p>11:00-Meditation</p> <p>12:45-Renato's</p> <p>1:30PM – Bible Study</p> <p>2:30PM – Karaoke</p> <p>3:30PM – Let's Dance!</p>	<p>27</p> <p>10:30AM – ROSARY</p> <p>1:30PM –BINGO</p> 
<p>28</p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p>	<p>29</p> <p>9:00AM – TD Bank</p> <p>9:00AM – Tai Chi with Angie</p> <p>10:30AM – Exercise</p> <p>11:00AM – Tech Questions</p> <p>1:30PM – Pokeno</p> <p>1:30PM – 4:00PM Nail Spa Open for Men/Women</p> <p>6:00PM – Bridge</p>	<p>30</p> <p>9:00AM – Shop Rite</p> <p>10:30AM – Exercise</p> <p>11:00AM – Scrabble Team</p> <p>2:00PM – Metropolitan Museum of Art Tour</p> <p>3:00PM – Game of Jenga (Table Game)</p>	<p>ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE**</p> <p>**Hair Dresser for Men and Women TUESDAYS IN MAIN LOBBY</p> <p>1:00PM – 4:00PM</p>			

