

AUGUST 2018 INDEPENDENT LIVING

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>**Hair Dresser for Men and Women Wednesdays and Thursdays 8:00AM-12:00PM**</p>	<p>**ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE**</p>	<p>1 9:00AM -Shop Rite 10:30AM – Exercise 11:00AM – Health Video 2:00PM – Town Hall Meeting</p>	<p>2 10:30AM – Exercise 11:00AM- Cookies & Coffee at Mozart Café 1:30PM – Pokeno 2:00PM-4:00 Afternoon Nail Spa for Men/Women</p>	<p>3 9:45AM – Exercise 10:30AM -Church Service 11:00- Meditation 1:00PM- Bible Study 2:00PM – Crafts w/ Valerie 3:00PM – Men’s Club Interest Meeting</p>	<p>4 10:30AM – ROSARY 1:30PM –BINGO</p>
<p>5 1:30PM – MOVIE 3:00PM – TABLE GAMES</p>	<p>6 9:00AM – TD Bank 10:30AM -Exercise 11:00AM – Stretch & Bend 1:30PM – Pokeno 2:00PM -3:00PM National Root Beer Float Day 3:30PM – Beach Ball Volley</p>	<p>7 10:30AM -Exercise 11:00AM – Foot Therapy Video 1:30PM – Classic Basketball Game 1:30PM-4:00PM – Outdoor Activities at the Pavilion</p>	<p>8 9:00AM – Shop Rite 10:30AM – Exercise 11:00AM -Sing a Solo 1:30PM-4:00PM – Meet with Angie and Speak Your Mind (Sign Up Required)</p>	<p>9 9:00AM – ALDI’S 10:30AM -Exercise 11:00AM – Outdoor Walking Club 1:30PM – Pokeno 2:00PM – Horse Race Game 3:00PM – OT Hand Massage Video</p>	<p>10 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM- Outback Steakhouse 1:30PM – Bible Study 2:30PM – Ice Pop Social</p>	<p>11 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>12 1:30PM – MOVIE 3:00PM– TABLE GAMES</p>	<p>13 9:00AM – TD Bank 10:30AM -Exercise 11:00AM – Technology Questions 1:30PM – Pokeno 2:30PM – Book Club Interest Meeting 3:30PM – Deal or No Deal</p>	<p>14 9:45AM- Catholic Mass 10:30AM -Exercise 11:00AM – Address Questions to Recreation Dept. 1:30PM – Family Dollar 1:30PM-4:00PM – Outdoor Activities at the Pavilion</p>	<p>15 9:00AM - Shop Rite 10:30AM – Exercise 11:00AM – Poetry on the Terrace 1:30PM – Chair Yoga 2:30PM – Assumption of Mary</p>	<p>16 10:30AM -Exercise 11:00AM – Wii Sports 1:30PM – Trader Joe’s 1:30PM - Pokeno 2:00PM-4:00 Afternoon Nail Spa for Men/Women 3:30PM –Read Out Loud</p>	<p>17 9:00AM – Demarest Indoor Farmers Market 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 1:30PM – Bible Study 2:30PM-3:00PM – Outdoor Chair Yoga with Angie 3:00PM – The Ellen Game Show</p>	<p>18 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>19 1:30PM – MOVIE 3:00PM – TABLE GAMES</p>	<p>20 9:00AM-TD Bank 10:30AM -Exercise 11:00AM - Sing -A – Long 1:30PM – Pokeno 1:30PM - Walmart 2:30PM – The Game of Trouble Tournament</p>	<p>21 SENIOR CITIZENS DAY 10:30AM -Exercise 11:00AM – Chair Yoga Video 2:00PM –Live Entertainment Peter Lieberman at Pavilion</p>	<p>22 9:00AM – Shop Rite 10:30 – Exercise Class 11:00AM – Shut the Box 1:30PM – Outdoor Jewelry Rummage 2:30PM – Music and Refreshments at the Pavilion</p>	<p>23 9:00AM – ALDI’S 10:30AM- Exercise 11:00AM – Hand Massage 2:00PM-4:00PM Weiner Roast and Music at the Pavilion</p>	<p>24 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM – Lassoni 1:30PM – Bible study 2:30PM – Popcorn Social</p>	<p>25 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>26 1:30PM – MOVIE 3:00PM – Table Games</p>	<p>27 9:00AM – TD Bank 10:30AM – Exercise 11:00AM – Technology Questions 1:30PM – Pokeno 2:30PM – Popcorn on the Terrace 3:30PM – Hand Massage</p>	<p>28 9:00AM – Shop Rite 10:30AM – Exercise 11:00PM – The Price is Right 1:30PM-4:00PM – Outdoor Activities at the Pavilion</p>	<p>29 9:30AM – Catholic Mass 10:30 – Exercise Class 11:00AM – 1:30PM – National Geographic 3:00PM – Residents Meeting w/ Recreation Staff</p>	<p>30 10:30 – Exercise Class 11:00AM – How It’s Made Video 1:30PM – Pokeno 2:00PM – Live Entertainment with Eranga & Prianga</p>	<p>31 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 1:30PM – Pay to Play \$1 Bingo</p>	