

FEBRUARY 2018 INDEPENDENT LIVING

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

				<p>1 9:30AM – Aldi's 9:45AM- February in History 10:30AM -Exercise 1:30PM – Pokeno 2:30PM – Valentine's Day Craft 3:30PM- Range of Motion</p>	<p>2 <u>GROUND HOG DAY</u> 9:45AM – Exercise 10:30AM -Church Service 11:00AM – Advanced Exercise 1:00PM- Bible Study 2:00PM – Craft w/ Valerie 3:00PM – Horse Racing</p>	<p>3 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>4 1:30PM – MOVIE 3:00PM – TABLE GAMES</p>	<p>5 9:30AM – TD Bank 10:30AM -Exercise 11:00AM – Valentine Trivia 1:30PM – Pokeno 3:00PM – Popcorn Time!!!</p>	<p>6 10:15AM- BrushStrokes 10:30AM -Exercise 11:00AM – Chair Yoga 1:30PM – Name That Tune 2:30PM – 4PM- Casino Games</p>	<p>7 9:30AM – Shop Rite 9:45AM – Dominos 10:30AM – Exercise 11:00AM – Love Song Sing-A-Long 2:00PM-Town Hall Meeting 3:30PM – Stretch & Bend</p>	<p>8 10:30AM -Exercise 11:00AM – German Church 1:30PM – Pokeno 3:30 PM – Range of Motion</p>	<p>9 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Advanced Exercise 11:45PM – PF Chang 1:30PM – Bible Study 2:30PM – Comedy Hour 3:00PM – Roulette</p>	<p>10 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>11 1:30PM – MOVIE 3:00PM – TABLE GAMES</p>	<p>12 <u>LINCOLN'S BIRTHDAY</u> 9:30AM – TD Bank 10:30AM -Exercise 11:00AM - Trivia 1:30PM – Pokeno 2:00PM – Walking in President Lincoln's Shoes</p>	<p>13 9:45AM- Catholic Mass 10:30AM -Exercise 1:30PM – Dollar Store 2:00PM - 4PM Mardi Gras Chip & Dips Social</p>	<p>14 <u>ASH WEDNESDAY</u> Blessing of Ashes to be announced 9:30AM - Shop Rite 9:45AM – Match the Famous Duos 10:30AM – Exercise 11:00AM – “IF” Valentine Game 2:00PM – Valentine's Day Prize Bingo</p>	<p>15 9:30AM -Trader Joe's 9:45AM – Remember When? 10:30AM -Exercise 2:00PM – Peter Lieberman Entertainment 3:30PM – Origami</p>	<p>16 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Advanced Exercise 1:30PM – Bible Study 2:30PM – Hot Chocolate Social</p>	<p>17 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>18 1:30PM – MOVIE 3:00PM – TABLE GAMES</p>	<p>19 <u>PRESIDENTS DAY</u> 10:30AM -Exercise 1:30PM – Pokeno 1:30PM - Walmart 2:30- Travel Austria with Rick Steve's</p>	<p>20 10:15AM-Brushstrokes 10:30AM -Exercise 1:30PM- Horse Racing Game 1:30PM – Dancing in our seats (Exercise with Pat) 2:30PM – Banker Broker (Bring your pennies) 3:30PM- Stretch and Bend</p>	<p>21 9:30AM – Shop Rite 10:30AM - Exercise 11:00AM- Twenty Questions 1:30PM – Sing-A-Long 3:00PM – Balloon Volley</p>	<p>22 10:30AM- Exercise 11:00AM – Word Puzzles 1:30PM – Pokeno 2:30PM – Movie Matinee with Popcorn</p>	<p>23 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Advanced Exercise 11:45PM –Mario's Pizza 1:30PM – Bible study 3:00PM – Meditation Session</p>	<p>24 10:30AM – ROSARY 1:30PM - BINGO</p>
<p>25 1:30PM – MOVIE 3:00PM – Table Games</p>	<p>26 9:30AM – TD Bank 10:30AM – Exercise 11:00AM – Sing – A - Long 1:30PM-Pokeno 2:00PM – Residents Meeting with Recreation Staff</p>	<p>27 10:30AM-Exercise 11:00AM – Sit and Stretch 1:30PM – Live Entertainment w/Clint 3:30 PM – Range of Motion</p>	<p>28 9:30AM-Shop Rite 9:30AM-Catholic Mass 10:30AM- Exercise 1:30 –4PM – Freeze Dance, Bells and Ball Toss</p>	<p>Hair Salon opened: 8:00AM Wednesdays and Thursdays For MEN and WOMEN</p>	<p><i>(all activities are subject to change)</i></p>	