

MAY 2019 INDEPENDENT LIVING

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

				<p>1 9:00AM – Shop Rite 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Today’s News Discussion 2:00PM – Popcorn Social 3:30PM – Resident’s Choice</p>	<p>2 10:30AM -Exercise 11:00 AM – Shut the Box Number Game 1:30PM – Celebrating 104 Years of Life with Cake, Friends, and Music!</p>	<p>3 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM- Charrito’s Mexican 1:00PM – Bible Study 2:00PM-Crafts with Valerie 3:00PM – You Be the Judge</p>	<p>4 10:30AM – ROSARY 1:30PM –BINGO</p>
<p>5 Cinco De Mayo 1:30PM – Movie 3:00PM– Table Games</p> 	<p>6 9:00AM – TD Bank 9:00AM – Tai Chi 10:00AM – Flag Raising Ceremony (Front of Building) 11:00AM – Tech Questions 1:30PM – Pokeno 2:00PM – Horse Racing Game 3:00PM –Aromatherapy 6:00PM - Bridge</p>	<p>7 10:30AM -Exercise 11:00AM – Chair Yoga 1:30PM – 100th Year Birthday Celebration in the Community Room</p>	<p>8 9:00AM - Shop Rite 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Today’s News Debate 2:00PM – Town Hall Meeting 3:30PM – Wii Sports</p>	<p>9 9:00AM – Aldi’s 10:30AM -Exercise 11:00PM – Coffee Chat 12:30PM – Current Events 1:30PM - Walmart 1:30PM – Pokeno 2:00PM – Outdoor Stroll 3:00PM – Intro to Rummy card game</p>	<p>10 9:00AM – Empire City Casino Yonkers 9:45AM -Exercise 10:39AM- Church Service 11:00AM – Meditation 1:30PM – Bible Study 2:00PM – Live Entertainment with Harry Maitland at the Pavilion</p>	<p>11 10:30AM – ROSARY 1:30PM –BINGO</p>	
<p>12 Mother’s Day 1:30PM – Movie</p> 	<p>13 9:00AM-TD Bank 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Technology Questions 1:30PM – Pokeno 2:00PM – Paint to the Music 3:30PM – You Be the Judge 6:00PM - Bridge</p>	<p>14 9:45AM- Catholic Mass 10:30AM – Exercise 11:00AM – Trivia Teams 2:00PM – Travel Spain with Rick Steve’s 3:30PM-3:30PM- Table Topic (Where to travel next)</p>	<p>15 9:00AM – Shop Rite 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Book Exchange Meeting 2:00PM-Crafts with Valerie</p>	<p>16 10:30AM – Exercise 11:00AM – German Church Service 11:00AM –Hand Massages 1:30PM – Trader Joe’s 2:00PM – Live Entertainment with Peter Lieberman @ the Pavilion</p>	<p>17 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM- River House Chinese 1:30PM – Bible Study 1:30PM-3:00PM Mozart Café Waffle Bar Top It Yourself</p>	<p>18 10:30AM – ROSARY 1:30PM –BINGO</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 1:30PM – Movie 3:00PM– Table Games	20 9:00AM – TD Bank 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Tech Questions 1:30PM – Pokeno 2:30PM –Chinese Whisper game 6:00PM - Bridge	21 9:30AM – 12:00PM North Bergen Middle School Visit 1:30PM – Shut the Box Number Game 2:00PM - Andre’ Rieu Fiesta Mexicana 3:30PM – Brain Games	22 9:00AM – Shop Rite 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Coffee Chat 2:00PM –Wii Choice 3:00PM-4:30PM Banker Broker Card Game (Bring your pennies)	23 9:00AM- Aldi’s 10:30AM – Exercise 11:00AM – Chair Yoga 1:30PM – Pokeno 2:00PM – Comedy Hour 3:30PM – Domino Teams	24 9:45AM – Exercise 10:30AM – Church Service 11:00AM – Meditation 1:30PM – Bible Study 2:30PM – Horse Racing (Bring Your Pennies) 3:30PM – Memorial Day Craft	25 10:30AM – ROSARY 1:30PM –BINGO
26 1:30PM – Movie 3:00PM– Table Games	27 Memorial Day 9:00AM – Tai Chi 10:30AM – Exercise 11:00AM – Tech Questions 1:30PM – Pokeno 3:00PM – National Moment of Silence and Remembrance 6:00PM – Bridge	28 9:00AM – Shop Rite 10:30AM – Exercise 11:00AM – Scrabble Team 2:00PM -Speak a Foreign Language 3:00PM – Game of Jenga (Table Game)	29 9:00AM – Tai Chi 9:30AM - Catholic Mass 10:30AM – Exercise 11:00AM – Left Center Right game (Dice) 1:30PM – 4:00PM Nail Spa Open for Men/Women	30 10:30AM – Exercise 11:00AM – Chair Yoga 1:30PM – Pokeno 3:30PM -4:30PM Happy Hour Thursday! Independent Lobby	31 9:45AM -Exercise 10:39AM- Church Service 11:00AM – Meditation 1:30PM – Bible Study 2:30PM – You be the Judge 3:30PM – Wii Bowling	**ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE** **Hair Dresser for Men and Women TUESDAYS IN MAIN LOBBY 1:00PM – 4:00PM

