



# MAY 2019 RESIDENTIAL LIVING



Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>1</p> <p>9:45AM – Memory Game 10:30AM – Exercise 11:00AM – Twenty Questions 1:30PM-Word Pictures 2:00PM- Balloon Volley 3:30 PM - Residents Choice</p>	<p>2</p> <p>9:45AM – Chair Stretches 10:30AM -Exercise 11:00AM – Brain Games</p> <p>1:30PM – Celebrating 104 Years of Life with Cake, Friends, and Music!</p>	<p>3</p> <p>9:45AM -Exercise 9:45AM – Fact or Fiction 10:30AM – Church Service 11:00AM – Meditation 11:45AM – Charrito’s Mexican 1:00PM – Bible Study 1:30PM – Picture This 2:00PM – Crafts with Valerie</p>	<p>4</p> <p>10:30AM – ROSARY  1:30PM – BINGO  3:30PM – TABLE TALK</p>
<p>5 <u>Cinco de Mayo</u> 1:30PM – MOVIE</p> <p>3:0PM – TABLE GAMES</p> 	<p>6</p> <p>9:30AM – Aldi’s 9:45AM–Current Events 10:00AM – Flag Raising Ceremony (Front of the Building) 11:00AM – Sing Along 1:30 PM – Pokeno 1:30PM-Spelling Bee 2:30PM – Horse Races 3:30 PM – Banker Broker 6:00PM – Bridge</p>	<p>7</p> <p>9:45AM – Name 10 Things 10:30AM -Exercise 11:00AM – Who Am I? 1:30PM – Trader Joe’s</p> <p>1:30PM – 100<sup>th</sup> Year Birthday Celebration in the Community Room</p>	<p>8</p> <p>9:45AM – Pampered Hands 10:30AM – Exercise 11:00AM – Wii Dance 1:30PM - Noodle Bop</p> <p>1:30PM – 4:00PM Nail Spa Open for Men/Women</p>	<p>9</p> <p>9:45AM – Hangman 10:30AM -Exercise 11:00AM – Would You Rather 1:30PM -Pokeno 1:30PM – Old Wives Tales 2:00PM – Let’s Reminisc 3:00PM – Coloring Meditation</p>	<p>10</p> <p>9:45AM -Exercise 9:45AM – Banana Grams Word Game 10:30AM – Church Service 11:00AM – Meditation</p> <p>2:00PM – Live Entertainment with Harry Maitland @ the Pavilion</p>
<p>12 <u>Mother’s Day</u> 1:30PM – MOVIE</p> 	<p>13</p> <p>9:45AM – Current Events 10:30AM -Exercise 11:00AM – Trivia 1:30 PM – Pokeno 2:00PM – Sculpt with Clay 3:30PM – Say it to the Music 6:00PM - Bridge</p>	<p>14</p> <p>9:45AM- Catholic Mass 9:45AM – Mind Joggers 10:30 AM – Exercise 11:00AM – Tongue Twisters 1:30PM – Name 10 Things 2:00PM – Travel Spain with Rick Steves 3:00PM – Snack Break</p>	<p>15</p> <p>9:45AM- Ball Toss 10:30AM – Exercise 11:00AM – Book Exchange Meeting</p> <p>2:00PM – Crafts with Valerie</p> <p>3:30PM – Freeze Dance</p>	<p>16</p> <p>9:45AM – May Fun Facts 10:30AM – Exercise 11:00AM – German Church Service 11:00AM – Rattle Your Brain</p> <p>2:00PM – Live Entertainment with Peter Lieberman @ the Pavilion</p>	<p>17</p> <p>9:45AM -Exercise 9:45AM – Table Talk 10:30AM – Church Service 11:00AM – Meditation 11:45AM – River House Chinese 1:30PM –Bible Study 1:30PM - Say Anything 2:30PM – Balloon Swat 3:30PM – Stretch &amp; Bend</p>
<p>11</p> <p>10:30AM – ROSARY  1:30PM – BINGO  3:30PM – TABLE TALK</p>		<p>18</p> <p>10:30AM – ROSARY  1:00PM – BINGO  3:30PM – TABLE TALK</p>			



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Sunday

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Thursday

Friday

Saturday

<p>19</p> <p>1:30PM – MOVIE</p> <p>3:00PM – TABLE GAMES</p>	<p>20</p> <p>9:45AM – Current Events</p> <p>10:30AM – Exercise</p> <p>11:00AM – Sing-A- Long</p> <p>1:30PM – Pokeno</p> <p>1:30PM – Game of Jenga</p> <p>2:30PM –News of the Day</p> <p>3:30PM – Resident’s Choice</p> <p>6:00PM – Bridge</p>	<p>21</p> <p>9:30AM – 12:00PM North Bergen Middle School Visit</p> <p>1:30PM - Target</p> <p>1:30PM – Ball Toss</p> <p>2:00PM - Chat &amp; Snack</p> <p>3:00PM - Let’s Reminisc</p> <p>3:30PM –Commonyms</p>	<p>22</p> <p>9:45AM – Toss &amp; Talk</p> <p>10:30AM – Exercise</p> <p>11:00AM – The Price is Right</p> <p>1:30PM – Image Snap</p> <p>2:00PM – Stencil Card Making</p> <p>3:00PM – Banker Broker</p> <p>3:30PM – Stretch &amp; Flex</p>	<p>23</p> <p>9:45AM – Finish the Phrase</p> <p>10:30AM -Exercise</p> <p>11:00AM – Brain Teasers</p> <p>1:30PM – Pokeno</p> <p>1:30PM - Spring Poetry</p> <p>2:30PM – Soothing Sounds</p> <p>3:30PM – Iced Tea Refresher</p>	<p>24</p> <p>9:45AM – Exercise</p> <p>9:45AM – Memorial Day Trivia</p> <p>10:30AM – Church Service</p> <p>11:00AM – Meditation</p> <p>1:30PM – Bible Study</p> <p>2:30PM – Karaoke</p> <p>3:30PM – Move N Groove</p>	<p>25</p> <p>10:30AM – ROSARY</p> <p>1:00PM – BINGO</p> <p>3:30PM – TABLE TALK</p>
<p>26</p> <p>1:30PM – MOVIE</p> <p>3:00PM – Table Games</p>	<p>27 <b>Memorial Day</b></p> <p>9:45AM – Current Events</p> <p>10:30AM – Exercise</p> <p>11:00AM – Guess Who</p> <p>1:30PM – Pokeno</p> <p>1:30PM – Red, White, and Blue Craft</p> <p>3:00PM – National Moment of Silence and Remembrance</p> <p>3:30PM – Patriotic Sing Along</p> <p>6:00PM – Bridge</p>	<p>28</p> <p>9:45AM- Toss &amp; Talk</p> <p>10:30AM -Exercise</p> <p>11:00AM- Famous Duos</p> <p>1:30PM–Resident Council Meeting</p> <p>3:00PM – Name That Tune</p>	<p>29</p> <p>9:30AM- Catholic Mass</p> <p>9:45AM – Toss &amp; Talk</p> <p>10:30AM – Exercise</p> <p>11:00AM – Image Snap</p> <p>1:30PM – Qtip Painting</p> <p>2:30PM – Banker Broker</p> <p>3:30PM – Chair Stretches</p>	<p>30</p> <p>9:45AM – Memory Game</p> <p>10:30AM – Exercise</p> <p>1:30PM – Pokeno</p> <p>2:00PM – Movie Matinee &amp; Popcorn in the Community Room</p>	<p>31</p> <p>9:45AM – Exercise</p> <p>9:45AM – Would You Rather</p> <p>10:30AM – Church Service</p> <p>1:30PM –Bible Study</p> <p>1:30PM – Spring I Spy</p> <p>2:30PM – Social Hour</p> <p>3:30PM – Wii Dance</p>	<p><b>** ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE**</b></p> <p><b>**Hair Dresser for Men and Women Wednesdays &amp; Thursdays 8:30AM-12:00PM**</b></p>

