

MARCH 2019 INDEPENDENT LIVING

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

<p>**Hair Dresser for Men and Women TUESDAYS IN MAIN LOBBY 1:00PM – 4:00PM</p>						<p>1 10:30AM – Exercise 11:00AM – Meditation 1:00PM – Bible Study 1:30PM – Game of Jenga 2:00PM – Crafts with Valerie</p>	<p>2 10:30AM – ROSARY 1:30PM –BINGO</p>
<p>3 1:30PM – Movie 3:00PM– Table Games</p>	<p>4 9:00AM – TD Bank 9:00AM – Tai Chi with Angie 10:30AM -Exercise 11:00AM –Technology Questions 1:30PM – Pokeno 2:00PM – Outdoor Walking Exercise 3:30PM – Popcorn Hour 6:00PM - Bridge</p>	<p>5 <u>Mardi Gras</u> 10:30AM -Exercise 11:00AM – Scrabble 12:30PM – Mardi Gras Live from New Orleans 1:30PM – You Be the Judge 3:00PM – Crowning of the Mardi Gras King & Queen</p> 	<p>6 9:00AM – Shop Rite 9:30AM – Ash Wednesday Service 9:00AM- Tai Chi w Angie 10:30AM – Exercise 11:00AM – Today's News Discussion 2:00PM – Town Hall Meeting 3:30PM – National Oreo Day Snack</p>	<p>7 10:30AM -Exercise 11:00 AM – Shut the Box Number Game 1:30PM – Pokeno 2:00PM – Coffee Chat 3:30PM – Domino Teams</p>	<p>8 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM- Dorian's 1:30PM – Bible Study 3:00PM – You Be the Judge</p>	<p>9 10:30AM – ROSARY 1:30PM –BINGO</p>	
<p>10 Daylight Savings 1:30PM – Movie 3:00PM– Table Games</p>	<p>11 9:00AM – TD Bank 9:00AM – Tai Chi with Angie 10:30AM -Exercise 11:00AM – Tech Questions 1:30PM – Pokeno 2:00PM –Aromatherapy 3:00PM – Shamrock Racing (Bring Your Pennies) 6:00PM - Bridge</p>	<p>12 9:00AM – 12:00PM North Bergen School Visit 9:45AM- Catholic Mass 10:30AM -Exercise 11:00AM – Chair Yoga 1:30PM – Live Entertainment with Harry Maitland 3:00PM – Paint to the Music</p>	<p>13 9:00AM - Shop Rite 9:00AM – Tai Chi with Angie 10:30AM – Exercise 11:00AM – Today's News Debate 1:30PM- Walmart 1:30PM – Pokeno 2:00PM – History of Earth National Geographic 3:30PM – Wii Sports</p>	<p>14 9:00AM – Aldi's 10:30AM -Exercise 11:00PM – Coffee Chat 12:30PM – Current Events 2:00 PM – Chartiers School Choir from Pittsburgh</p>	<p>15 9:45AM -Exercise 10:39AM- Church Service 11:00AM – Meditation 1:00PM – Hoboken Historical Museum 1:30PM – Bible Study 2:30PM – 4:00PM St. Patty's Day Social</p>	<p>16 10:30AM – ROSARY 1:30PM St. Patrick's Day Bingo 3:30PM – Pot of Gold Prize Drawing</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 <u>St. Patrick's Day</u> 1:30PM – Movie 3:00PM– Table Games	18 9:00AM-TD Bank 9:00AM – Tai Chi with Angie 10:30AM -Exercise 11:00AM – Tech Questions 1:30PM – Pokeno 2:30PM – Ladies Discussion	19 10:30AM -Exercise 11:00AM – Chair Yoga 1:30PM – Family Dollar 2:00PM – Travel Ireland with Rick Steve's 3:30PM – Resident's Choice	20 <u>First Day of Spring</u> 9:00AM – Shop Rite 9:00AM – Tai Chi with Angie 10:30AM – Exercise 11:00AM – Book Exchange Meeting 2:00PM-Crafts with Valerie 3:30PM – Wii Dance	21 10:30AM – Exercise 11:00AM –Hand Massages 1:30PM – Trader Joe's 1:30PM – Pokeno 2:00PM – Movie Matinee & Popcorn	22 9:45AM -Exercise 10:30AM – Church Service 11:00AM – Meditation 11:45AM – Hamilton Pork BBQ 1:30PM – Bible Study 2:30PM – Karaoke 3:30PM – Freeze Dance	23 10:30AM – ROSARY 1:00PM –BINGO
24 1:30PM – Movie 3:00PM– Table Games	25 9:00AM – TD Bank 9:00AM – Tai Chi with Angie 10:30AM – Exercise 11:00AM – Tech Questions 1:30PM – Pokeno 2:00PM – Live Entertainment with Peter Lieberman 6:00PM - Bridge	26 9:00AM – Shop Rite 9:00AM – Tai Chi with Angie 10:30AM – Exercise 11:00AM – Trivia Teams 1:30PM – Shut the Box Number Game 2:30PM – Comedy Hour 3:00PM – Paint & Sip	27 9:30AM – Catholic Mass 9:00AM – Tai Chi with Angie 10:30AM – Exercise 11:00AM – Coffee Chat 1:30PM – 4:00PM Nail Spa Open for Men/Women	28 9:00AM- Aldi's 10:30AM – Exercise 11:00AM – Chair Yoga 1:30PM – Pokeno 2:30PM – Art Therapy 3:30PM – Walking Exercise	29 9:45AM – Exercise 10:30AM – Church Service 11:00AM – Meditation 1:30PM – Bible Study 2:30PM – 4:00PM IL vs. RES Jeopardy Challenge	30 10:30AM – ROSARY 1:00PM –BINGO
31 1:30PM – Movie 3:00PM– Table Games	  					ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE** **Hair Dresser for Men and Women TUESDAYS IN MAIN LOBBY 1:00PM – 4:00PM