

March 2020 INDEPENDENT LIVING

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p>	<p>2</p> <p>9:00AM – TD Bank</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Memory Boosters</p> <p>1:30PM – Pokeno</p> <p>2:00PM – Paint to the Music</p> <p>3:30PM – Pass the Phrase</p> <p>6:00PM - Bridge</p>	<p>3</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Coffee Chat</p> <p>1:00PM – Banker Broker (Bring Your Pennies)</p> <p>1:30PM – Team Charades</p> <p>2:30PM – Don't Forget the Lyrics</p>	<p>4</p> <p>9:00AM - Shop Rite</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Karaoke</p> <p>2:00PM – Town Hall Meeting in the Community Room</p>	<p>5</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Target</p> <p>11:00AM – Walking Teams</p> <p>2:00 PM – Live Entertainment with Peter Lieberman</p>	<p>6</p> <p>9:45AM – Exercise</p> <p>10:30AM – Church Service</p> <p>11:00AM – Meditation Session</p> <p>1:00PM – Bible Study</p> <p>2:00PM-4:00PM Crafts with Valerie</p>	<p>7</p> <p>10:30AM -ROSARY</p> <p>1:30PM –BINGO</p>
<p>8 <u>Daylight Savings</u></p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p> 	<p>9</p> <p>9:00AM – TD Bank</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – You Be the Judge</p> <p>1:30PM -Pokeno</p> <p>2:00PM – Horse Racing (Bring Your Pennies)</p> <p>3:30PM – Wii Bowling</p> <p>6:00PM - Bridge</p>	<p>10</p> <p>9:30AM-Tai Chai</p> <p>9:45AM- Catholic Mass</p> <p>10:30AM -Exercise</p> <p>11:00AM – Coffee Chat</p> <p>1:30PM – Amusing Limericks</p> <p>2:00 PM – Live Entertainment with Eleanor Jackson</p>	<p>11</p> <p>9:00AM - Shop Rite</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Book Club Meeting</p> <p>1:30 PM – 4:00 PM Nail Spa Open for Men/Women</p>	<p>12</p> <p>9:30AM-Tai Chi</p> <p>10:30AM -Exercise</p> <p>11:00AM – Chair Yoga</p> <p>11:45PM – St. Patty's Day Lunch @ Dorian's</p> <p>1:30PM – Pokeno</p> <p>2:00PM – I Love Lucy Marathon in the Community Room</p>	<p>13</p> <p>9:00AM – Aldi's</p> <p>9:45AM -Exercise</p> <p>10:30AM – Church Service</p> <p>11:00AM – Meditation</p> <p>1:30PM – Bible Study</p> <p>2:30PM – St. Patty's Day Crafts</p> <p>3:30PM – How to Tie a Celtic Knot</p>	<p>14</p> <p>10:30AM – ROSARY</p> <p>1:30PM –BINGO</p>
<p>15</p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p>	<p>16</p> <p>9:00AM – TD Bank</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM- Technology Questions</p> <p>1:30PM - Walmart</p> <p>1:30PM – Pokeno</p> <p>1:30PM – Travel Ireland</p> <p>6:00PM - Bridge</p>	<p>17 <u>St. Patrick's Day</u></p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Irish Trivia</p> <p>3:00PM – 4:00PM St. Patty's Day Happy Hour in the IL Lobby</p> 	<p>18</p> <p>9:00AM – Shop Rite</p> <p>9:45 AM – 11:45 AM North Bergen Middle School Visits in the Community Room</p> <p>2:00PM-4:00PM Crafts with Valerie</p>	<p>19 <u>First Day of Spring</u></p> <p>9:30AM-Tai Chi</p> <p>10:30AM -Exercise</p> <p>11:00AM- Coffee Chat</p> <p>2:00 PM – Live Entertainment with Harry Maitland</p>	<p>20</p> <p>9:45AM -Exercise</p> <p>10:30AM – Church Service</p> <p>11:00AM – Meditation</p> <p>12:30PM – Newark Museum of Art</p> <p>1:30PM – Bible Study</p> <p>2:30PM – Comedy Hour</p>	<p>21</p> <p>10:30AM – ROSARY</p> <p>1:30PM –BINGO</p>

March 2020 INDEPENDENT LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p>	<p>23</p> <p>9:00AM – TD Bank</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Tech Questions</p> <p>1:30PM- Pokeno</p> <p>1:30PM – Poker Club</p> <p>2:30PM – Afternoon Stretch</p> <p>6:00PM - Bridge</p>	<p>24</p> <p>9:00AM – Shop Rite</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Coffee Chat</p> <p>2:00PM – Waffle Bar & Music in the Community Room</p>	<p>25</p> <p>9:30AM- Catholic Mass</p> <p>10:30AM – Exercise</p> <p>11:00AM –</p> <p>1:30PM – Pokeno</p> <p>2:00PM – Shut the Box Number Game</p> <p>3:00PM – Banker Broker (Bring Your Pennies)</p> <p>3:30PM – Wii Dance</p>	<p>26</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Chair Yoga</p> <p>1:30PM- 4:00PM Big Buck Birthday Bingo in the Community Room</p>	<p>27</p> <p>9:45AM -Exercise</p> <p>10:30AM- Church Service</p> <p>11:00AM – Meditation</p> <p>11:45PM – Café Tivoli</p> <p>1:30PM – Bible Study</p> <p>2:30PM – Scrabble Club</p> <p>3:30PM – Book Club Meeting in the Library</p>	<p>28</p> <p>10:30AM – ROSARY</p> <p>1:30PM –BINGO</p>
<p>29</p> <p>1:30PM – Movie</p> <p>3:00PM– Table Games</p>	<p>30</p> <p>9:00AM- TD Bank</p> <p>9:30AM – Tai Chi</p> <p>10:30AM – Exercise</p> <p>11:00AM – Tech Questions</p> <p>1:30PM- Pokeno</p> <p>2:30PM – Checkers/Chess</p> <p>3:30PM – Wii Sports</p> <p>6:00PM - Bridge</p>	<p>31</p> <p>10:00AM – Paramus High School German Folk Dancing Performance</p> <p>1:30PM – Left, Center, Right Dice Game</p> <p>2:00PM – Game of Monopoly</p>			<p>*ALL ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE**</p> <p>Hairdresser for Men and Women TUESDAYS IN MAIN LOBBY</p> <p>1:00PM – 4:00PM</p>	