







November 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<p>All Saint's Day Daylight Savings Time</p> <p>9:45am Simple Stretches</p> <p>10am clue trivia</p> <p>11:15am table games</p> <p>1:30pm Snacks</p> <p>2pm bingo</p> <p>3:30pm music and memory</p>	<p>9:45am morning meditation</p> <p>10am let's discuss: the month of NOVEMBER</p> <p>11:15am listen up: 50's</p> <p>1:30pm refreshments</p> <p>2pm arts & crafts</p> <p>3:30pm afternoon music</p> <p>6:00pm evening table games</p>	<p>9:45am chair exercise</p> <p>10am adult coloring</p> <p>11:15am group discussion</p> <p>1:30pm coffee and chat</p> <p>2pm nail spa</p> <p>3:30pm music and memory</p>	<p>9:45am simple stretches</p> <p>10am current events</p> <p>11:15am ball toss</p> <p>1:30pm refreshments</p> <p>2pm beading class</p> <p>3:30pm puzzles & crosswords</p> <p>6:00pm evening movie</p>	<p>9:45am let's meditate</p> <p>10:15am adult coloring</p> <p>11:15am puzzle time</p> <p>1:30pm refreshments</p> <p>2pm matinee</p> <p>3:30pm table games</p>	<p>9:45am stretch with me</p> <p>10:15am morning meditation</p> <p>11:15am word find</p> <p>1:30pm snacks</p> <p>2pm afternoon of trivia</p> <p>3:30pm 1:1 visits</p>	<p>10:15am ball toss</p> <p>11:15am arts & crafts</p> <p>1:30pm coffee and chat</p> <p>2pm matinee</p>
8	9	10	11	12	13	14
<p>9:45am ball toss</p> <p>10:15am current events</p> <p>11:15am simple trivia</p> <p>1:30pm coffee and chat</p> <p>2pm bingo</p> <p>3:30pm music and memory</p>	<p>9:45am chair exercise</p> <p>10:15am beading class</p> <p>11:15am board games</p> <p>1:30pm refreshments</p> <p>2pm trivia</p> <p>3:30pm name that sound</p>	<p>9:45am stretch with me</p> <p>10:15am coloring pages</p> <p>11:15am puzzles</p> <p>1:30pm snack and chat</p> <p>2:00pm afternoon matinee</p> <p>3:30pm Music & memory</p> <p>6pm evening table games</p>	<p>Veteran's Day</p> <p>9:45am exercise</p> <p>10:15am morning group discussion: Veteran's Day</p> <p>1:30pm Veteran's Day Social</p> <p>3:30pm music and memory</p> 	<p>9:45am ball toss</p> <p>10:15am current events</p> <p>11:15am table games</p> <p>1:30pm refreshments</p> <p>2pm simple trivia</p> <p>3:30pm music moment</p> <p>6pm Room visits</p>	<p>Friday the 13th</p> <p>9:45am move to music</p> <p>10:15am live stream: piano concert with Clint</p> <p>11:15am morning discussion</p> <p>1:30pm coffee and chat</p> <p>2pm nail spa</p>	<p>9:45am chair exercise</p> <p>10:15am easy stretches</p> <p>11:15am meditation circle</p> <p>1:30pm refreshments</p> <p>2pm crafty afternoon</p>
15	16	17	19	20	21	
<p>9:45am move to music</p> <p>10:15am current events</p> <p>11:15am board games</p> <p>1:30pm refreshments</p> <p>2pm music and fun</p>	<p>9:45am exercise</p> <p>10:00am sing with me</p> <p>1:30pm snacks</p> <p>2pm afternoon crafts</p> <p>3:30pm music and memory</p> 	<p>World Peace Day</p> <p>9:45am simple stretches</p> <p>10:00am adult coloring</p> <p>11:15pm word search</p> <p>1:30pm coffee and chat</p> <p>2pm name that movie</p> <p>3:30pm soothing sounds</p> <p>6pm evening table games</p>	<p>9:45am ball toss</p> <p>10:15am let's stretch</p> <p>11:15am card games</p> <p>1:30pm refreshments</p> <p>2pm afternoon matinee</p> 	<p>9:45am move to music</p> <p>10:15am table games</p> <p>11:15am dominoes</p> <p>1:30pm snacks</p> <p>2pm easy trivia</p> <p>3:30pm music & memory</p> <p>6pm evening table games</p>	<p>9:45am chair exercise</p> <p>10:00pm resident council meeting</p> <p>11:15am time to meditate</p> <p>1:30pm refreshments</p> <p>2pm afternoon matinee</p> <p>3:30pm listen up: 60's</p>	<p>World Hello Day</p> <p>9:45am exercise</p> <p>10:15am Andrea Bocelli concert on the big screen</p> <p>11:15am trivia: music</p> <p>1:30pm snacks</p> <p>2pm card games</p> 
22	23	24	25	26	27	28
<p>9:45am sunday stretches</p> <p>10:15am current events</p> <p>11:15am coloring pages</p> <p>1:30pm snack and chat</p> <p>2pm bingo</p>	<p>9:45am beach ball toss</p> <p>10:15am group discussion</p> <p>11:15am word games</p> <p>1:30pm let's celebrate birthdays for this month</p> <p>3:30pm music and memory</p>	<p>9:45am stretch with me</p> <p>10:15am chat pack</p> <p>11:15am let's meditate</p> <p>1:30pm snack and chat</p> <p>2pm table games</p> <p>3:30pm musical chimes</p> <p>6pm coloring pages</p>	<p>9:45am exercise</p> <p>10:15am current events</p> <p>1:30pm refreshments</p> <p>3:30pm soothing sounds</p> <p>6pm dominoes</p>	<p>Thanksgiving</p> <p>10:00am music fun</p> <p>11:15am turkey talk</p> <p>1:30pm snacks</p> <p>2:00pm crafty afternoon</p> 	<p>9:45am let's exercise</p> <p>10:15am coloring pages</p> <p>11:15pm snack and chat</p> <p>1:30pm refreshments</p> <p>2:00pm afternoon matinee</p>	<p>9:45am chair exercise</p> <p>10:15am morning meditation</p> <p>11:15am clue trivia</p> <p>1:30pm snacks</p> <p>2pm table games</p>
29	30	 <p>Happy Thanksgiving</p>		Birthdays	Tuesdays and Thursdays	*Skilled Nursing
<p>Advent Begins</p> <p>9:45am simple exercise</p> <p>10:15am weather talk</p> <p>11:15am current events</p> <p>1:30pm snack and chat</p> <p>2pm bingo</p>	<p>9:45am exercise</p> <p>10:15am morning of karaoke</p> <p>1:30pm refreshments</p> <p>2pm arts & crafts</p> <p>3:30pm hand massage</p>	<p>Lucrezia Cantatore- 11/4</p> <p>Helen Conrad- 11/11</p> <p>Sheila Dunne- 11/29</p>		<p>Tuesdays and Thursdays Family visitation between 10am-2:30pm</p>	<p>*Skilled Nursing Activity Calendar</p> <p>**Calendar is Subject to Change</p> <p>Key E- East W- West</p>	